



Virginia Department of
Behavioral Health &
Developmental Services

Division of Developmental Services Update for VACSB Developmental Services Council 1/20/15

DBHDS Division of Developmental
Services Staff

DBHDS Vision: A life of possibilities for all Virginians

Person-Centered ISP Update

Person-Centered Individual Support Plan*

Reasons to Refresh



- Support compliance with Licensing, Human Rights, QMR and the 2014 CMS Final Rule
- Meet expectations of the DOJ Settlement Agreement
- Address observations and concerns from the DOJ Independent Reviewer
- Assure planning is person-centered, promotes full community inclusion and supports self-determination

2014 ISP Refresh Focus Team

- Individual
- Advocate
- Family member
- Private provider
- DD Case manager
- CSB Support Coordinator/CM Supervisor
- CSB ID Director
- DMAS (LTC, QMR, Policy)
- DBHDS (CRC, CIM, OL, OHR, Waiver Operations, CM, Employment, Housing)



Primary Updates to the ISP

- ☐ Comprehensive supports and most integrated settings
- ☐ Measurability
- ☐ Employment First
- ☐ Community participation
- ☐ Skill-development
- ☐ Psychotropic medication use
- ☐ Monitoring
- ☐ Choice and control
- ☐ Risk

Individual Support Plan			
I. Essential Information			
Contact Information			
Legal Name:	<input type="text"/>	Preferred Name:	<input type="text"/>
Date of Birth:	<input type="text"/>	Gender:	<input type="text"/>
Medicaid #:	<input type="text"/>	Medicare #:	<input type="text"/>
Home Street Address:	<input type="text"/>	Insurance:	<input type="text"/>
Mailing Address or P.O. Box:	<input type="text"/>	SSN#:	<input type="text"/>
City:	<input type="text"/>	Zip Code:	<input type="text"/>
Home phone:	<input type="text"/>	Cell phone:	<input type="text"/>
Work phone:	<input type="text"/>	Email address:	<input type="text"/>
Emergency Contacts / Representation			
Name	Phone:	Fax:	Email:
Relationship:	Address:		
Legal Guardian:	Phone:	Fax:	Email:
Relationship:	Address:		
Authorized Rep:	Phone:	Fax:	Email:
Relationship:	Address:		



PC ISP Refresh 2015 Roll-Out

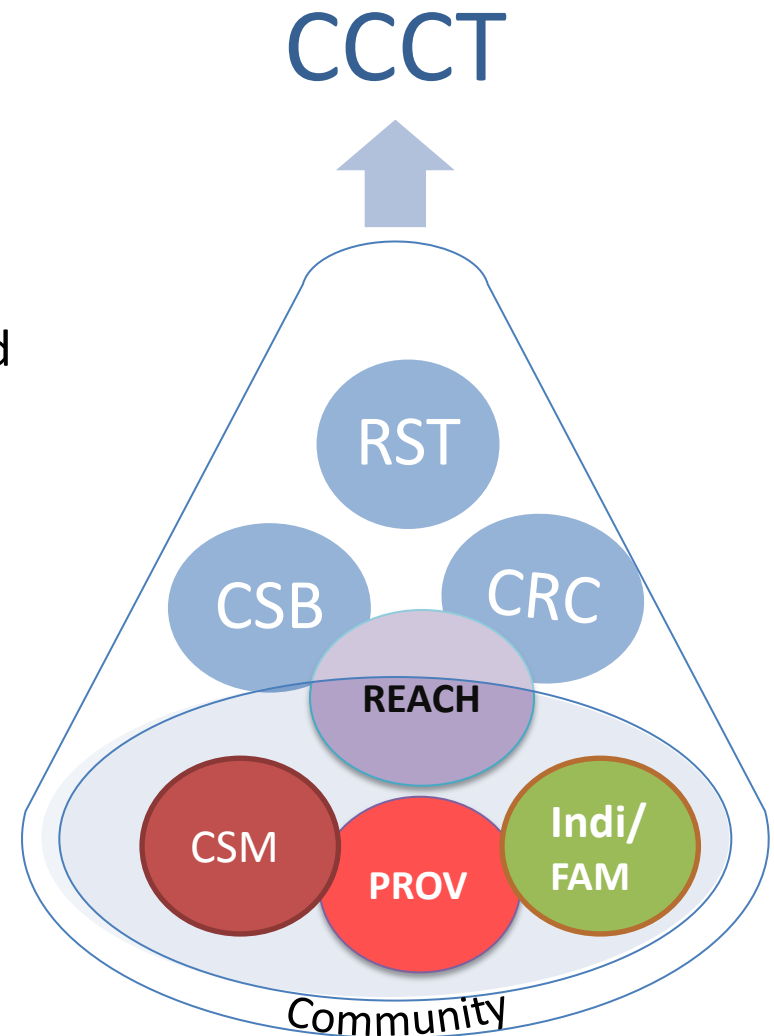


- **January** – model PC ISP on website; guidance on changes in elements; answer questions/take comments
- **February** – video outlining and explaining changes; train DMAS QMR & DBHDS OL/OHR; regional ISP Train-the-Trainer sessions scheduled; take comments
- **March** – complete initial training sessions with supervisors and managers; enlist PC ISP Specialists; review comments; produce FAQs
- **April** – begin use for individuals with planning meetings held in April; provide ongoing TA and training of PC ISP trainers and PC ISP Specialists

Critical and Complex Consultation Team

Critical & Complex Consultation Team (CCCT)

- Convened for an emergency consultation when community resources have been exhausted and an immediate resolution to a crisis or other urgent need has not been reached.
- Existing community resources to be employed first:
 - CSBs (SCs, etc.)
 - private providers
 - DD waiver CMs
 - REACH
 - CRCs
 - RST
 - sister agencies
 - advocacy organizations



Critical & Complex Consultation Team (CCCT)

The CCCT will be coordinated by:

Ms. Linda Bassett

Community Integration Manager

DBHDS-Division of Developmental Services

Work Cell 804-720-8592

Email: linda.bassett@dbhds.virginia.gov

- Ms. Bassett will triage requests from the CRC, CIM, RST representative or support coordinator/case manager as necessary, to gather all relevant information after which she will convene the CCCT. The timeline for response will be determined by the details of the situation.
- DBHDS will respond immediately when it is deemed critical to the future health and safety of the individual.

Critical & Complex Consultation Team (CCCT)

PROCESS

- When ALL community resources have been exhausted the CRC or SC/CM will contact Linda Bassett
- Ms. Bassett will triage and/or convene the CCCT
- A response will be given to the community lead person
- Ms. Bassett will request a status report on behalf of the CCCT within an appropriate time frame

Critical and Complex Consultation Team (CCCT)

- Update
 - 4 individuals referred
 - 1 resolved
 - 3 pending
 - Medical Care
 - Competency
 - Provider Availability
 - Consumer choice
 - Guardianship

Developmental Disabilities Health Supports Network (DDHSN)

DDHSN Moving Forward

General Updates

- Hiring/on-boarding begun for regional RN Care Consultants
- Developing a more thorough assessment document (Health Services Needs Assessment and Nursing Assessment)
- Establishing an educational and supportive outreach program for community-based nurses in conjunction with the Health Support Network
- Conducting region-based community nursing meetings initiated in regions 2 and 4 - will begin in Region 3, 1 and 5 within the year
- Begun working with CVTC and NVTC to explore improved outreach education
- Developing mobile rehab and dental services
- Hired PASRR RN

DDHSN Highlights

Region IV

- Two Central Office based RNs hired and on-boarding - Jan. 10, 2015
- One community based nursing “staff meeting” (12/11/14)
- One community based nursing meeting pending
- Dentistry
 - Services provided for former TC residents at HDMC
 - Emergency services available at HDMC
 - Dental Safety Net Clinic Meeting - Jan. 22, 2015
- Mobile Engineering has project lead
 - Equipment being gathered
 - Scheduling pending information from locales
 - Initial visits may start first of February 2015

Highlights & PASRR

Region II

- Funding provided for existing RCSC through FY2015
- Region 2 RNCC interviews by February 2015
- Community-based nursing staff meetings
 - Two thus far, third scheduled - very engaged

Preadmission Screening & Resident Review (PASRR)

- Hired and on-boarded RN to coordinate the PASRR process
- Establishing a new relationship and contract expectations with contracting agency (ASCEND) for PASRR II screenings
- Establishing a process to redirect individuals to appropriate community settings even when PASRR II requirements are met for SNF admission
- Re-evaluating no later than 90 days following a respite or rehab admission for community placement
- Plan to perform resident reviews statewide on all individuals not seen in last 3 months

Housing and Supportive Services Summit (HSS)

HSS- Kick-off Planning Meeting

- January 7, 2015: Kick-off Planning Meeting to organize a *“Housing and Supportive Services Summit”*
 - DBHDS
 - Department of Housing and Community Development (DHCD)
 - Department Medical Assistance Services (DMAS)
 - Virginia Housing Development Authority (VHDA)
- The intent of the summit:
 - Establish regional teams to focus on creating plans to connect individuals with ID/DD to independent, integrated housing and appropriate supportive services

HSS- Target Regions for Summit

- The interagency partnership is seeking the participation of regional representatives from three areas to develop community frameworks for creating appropriate housing and supportive services options
 - Hampton Roads
 - Northern Virginia
 - Greater Richmond
- These regions were chosen because of the
 - independent housing initiatives already underway in these areas (e.g., HUD 811, Rental Choice VA, etc.)
 - significant number of individuals in the target populations in the regions.

HSS- Next Steps

- Each region will
 - formalize their teams
 - develop action plans and goals for the number of people in the target population to access their own rental housing within a 6-9 month timeframe
 - implement their action plans to achieve their stated goals
- Housing and Supportive Services Summit to be held in by April 2015

Supports Intensity Scale® Update

SIS[®] Implementation Progress

- Establishment of Regional Support Team to provide support to localities
- Facilitation of 5 Respondent Trainings and 5 SIS[®] Superuser Trainings
- 110 SISs completed during training phase

SIS® Implementation Progress Timeline

- January up to 30% of average monthly capacity
- February up to 60% of average monthly capacity
- March up to 100% of average monthly capacity
- Four new interviewers coming on and 8 currently AAIDD recognized

Challenges

- Issues with encryption and information gathering
- New SIS[®] process
- Changes in prioritization, which reflect waiver redesign processes
 - Initials
 - Exceptional Supports Rate
 - Day Support Waiver
 - Group Home
 - Sponsored Residential
 - Routine (ISP-based) 3-year cycle

Challenges (cont'd)

- Orienting CSBs in the second phase to the scheduling process as we ramp up
- Weather and illness-related cancellations affect scheduling
- Transition from AAIDD to Ascend
- Support Coordinators who were previously SIS interviewers can find the new process challenging
- Global awareness of the lengthy process to transition to a new vendor

Upcoming Changes

- Ascend developing a time saving on-line entry system for CSB staff (Point Person/SCs) to enter interview and respondent data. Available in next few months on the Ascend web site.
 - This will eliminate, in most cases, need for encrypted email and associated difficulties.
- Regional Support Specialists analyzing scheduling to ensure prioritization is occurring as directed
- Regional Support Specialists will begin sitting in on random SIS[®] interviews to support the process.

Identifying DD Waiver Transition Support Needs

- Bringing the DD waiver individuals into the new waiver system means that all individuals on the DD waiver must have a SIS[®] by March 2016
 - Ascend will review scheduling plans and process with DD Waiver Manager in advance of implementation
- Respondent Training for families and providers will begin in March 2015

ID/DD Waiver Redesign

Why Replace Three ID/DD Waivers with Three *Different* ID/DD Waivers?

Advantages to amending the current three waivers, vs. creating one combined waiver:

- Individuals will be able to move to the new waivers at different points in time → cost controlled phase-in.
- Unique composition of services per waiver → supports a specific range of individual needs.
- Slots for each waiver funded at different levels → more slots may be available to support more people, more cost effectively.

A Time for Change: Waiver Redesign

Why Change is Needed:

- The current waivers do not fund the services actually needed but rather services available within specific waiver.
- The current waivers do not adequately support the national agenda to ensure individuals with intellectual and developmental disabilities live, work and receive support within their community.
- The current waivers do not address the unique needs of individuals across the spectrum of intellectual and developmental disabilities.
- The current waivers do not address future trends for a decreased workforce amid an aging ID population and increasing DD population.

Basic Premise

Current Waivers



New Waivers

Intellectual Disability
Waiver

Community Living
Waiver

Developmental Disability
Waiver

Family and Individual
Supports Waiver

Day Support Waiver

Building
Independence Waiver

Waiver Redesign Advantages

- Ensures and funds “right level” of service provision for each individual
- Promotes more “small setting” residential opportunities
- Meets new CMS requirements
- Decreases confusion for individuals and families
- Increases ability of individuals to transfer to appropriate waiver as needed
- Improves cost benefit to state and individuals by providing more service opportunities to more Virginians at lower expense to state

Elements of Virginia's Waiver Redesign Plan

- Decreasing reliance on “staff-heavy” models; increasing the number of technologically-based and more natural supports services
 - Adding Electronic-Based Home Supports
 - Adding “Shared Living:” stipend for nondisabled roommate in exchange for extra “eyes on”
 - Increased reliance on families providing supports in the home longer
- Incentivizing smaller homes and services with more community integration
 - Higher reimbursement rates for smaller settings; lower for larger settings
 - More choices for those with lower level needs currently in large group home settings to live in apartments
 - Continued reliance on Sponsored Residential for those with higher level needs

Elements of Virginia's Waiver Redesign Plan

(cont'd)

- Amending the existing ID/DD/DS waivers, vs. creating new ones
 - CMS is now requiring all NEW waivers to be in full compliance with CMS Final Rule provisions re: community integration of settings. Virginia is not yet fully compliant.
- Developing model waivers that will offer more services to more people at less cost
 - Needs based structure for accessing the appropriate waiver is critical to waiver redesign.

How Did We Get Here?

- DBHDS contracted with Human Services Research Institute (HSRI), a national leader in the DD field, to study our system and give recommendations on waiver redesign.
- FY 2014 ID/DD Waiver Study: *My Life, My Community*
- HSRI recommended utilizing a seven level system to allocate supports budgets based on individual need in order more equitably and efficiently manage the state's resources.

Recommendations

Make services and budgets that are:

- ✓ Fair for everybody
- ✓ Based on individual needs and choices
- ✓ Available when they are needed



We Need to Balance Individuals' and Systems' Needs

What's important to people



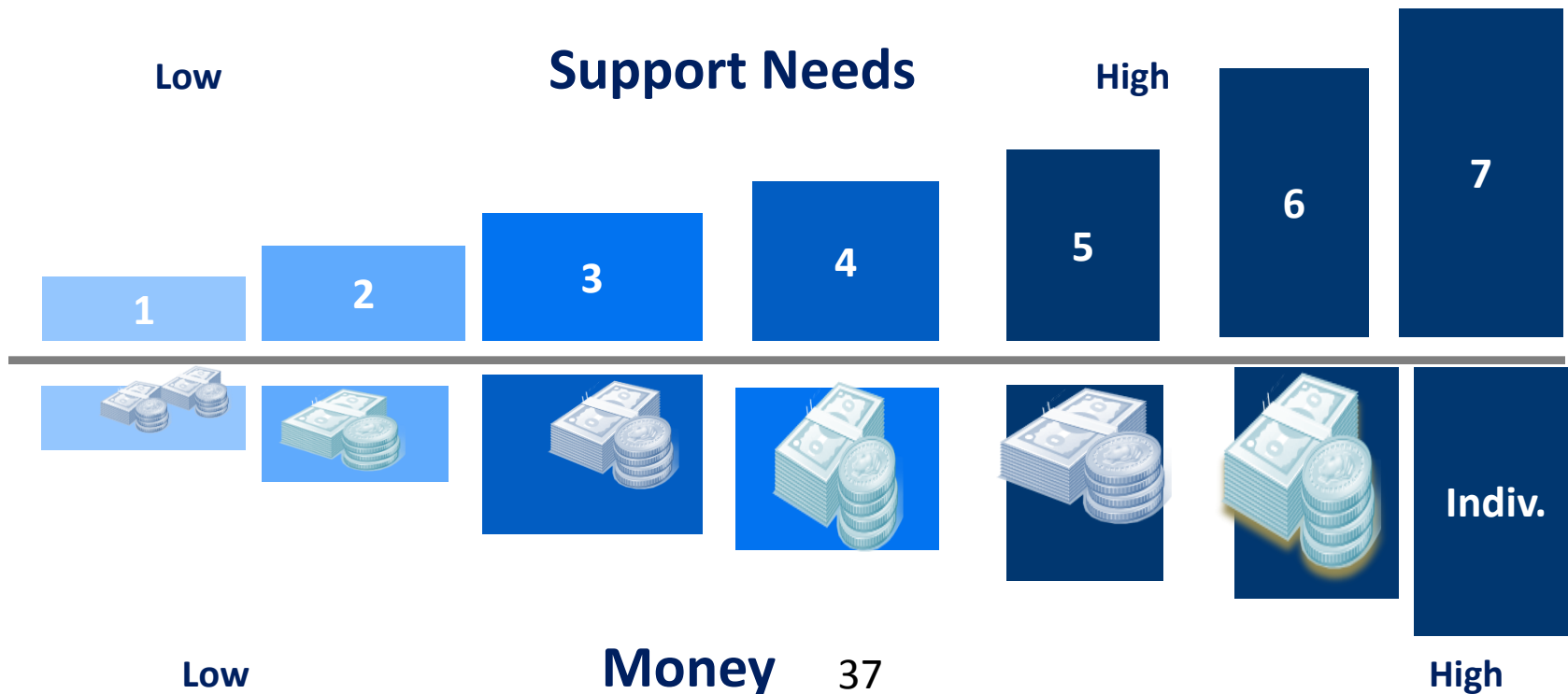
What's important to the system



Person-centered system that can last over time

How Will it Work?

- Find out about the individual's needs for support.
- Based on the individual's support needs, he/she will get a level.
- Individual gets a budget he/she can spend to get services.



Ensuring the Right Services and Supports

Tier 4

Extraordinary Behavioral Support Needs

1.5% = 173 individuals

Extraordinary Medical Support Needs

6.9% = 794

Severe Support Needs

5.3% = 610 individuals

Tier 3

High Support Needs

38.7% = 4452 Individuals

Mild/Moderate Support Needs + Some Behavioral Support Needs

2.4% = 276 individuals

Tier 2

Moderate Support Needs

37.9% = 4360 individuals

Tier 1

Mild Support Needs

7.3% = 840 individuals

Service Packages Translate to an Individual's "Supports Budget"

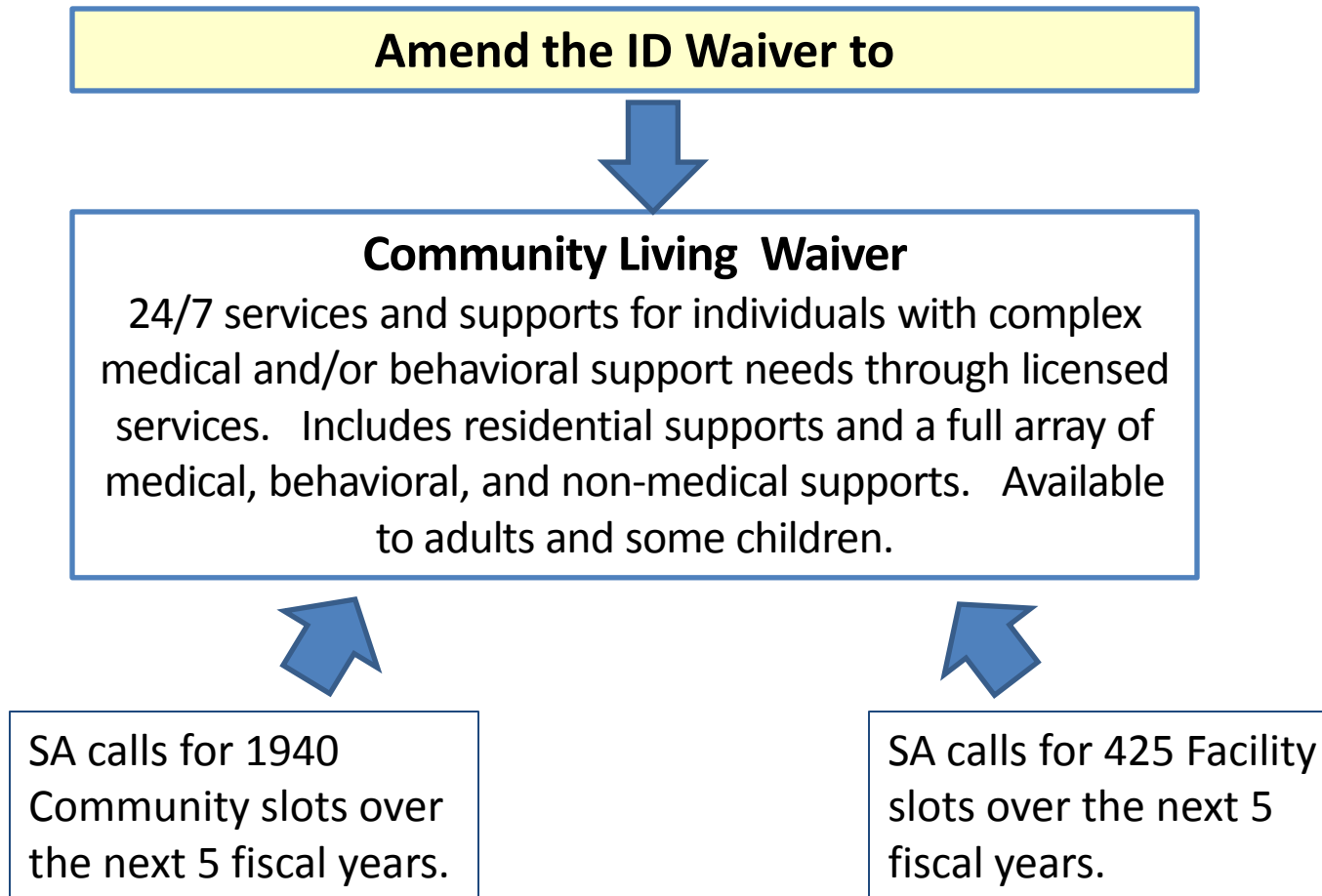
An individual's supports budget is made up of **2 parts**:

Where he/she lives

What he/she does during the day

Other services like environmental modifications, nursing, crisis services, and assistive technology are "add-on's" to the base budget, **if** the individual needs them.

Amending the Intellectual Disability (ID) Waiver



Training Center Census Reduction Through 2020

Census FY11=1084	Census 1.6.15	Jun-15	Jun-16	Jun-17	Jun-18	Jun-19	Jun-20
CVTC	263	190	120	90	60	30	0
NVTC	77	42	0	0	0	0	0
SEVTC	74	71	68	68	68	68	68
SWVTC	133	122	76	36	0	0	0
Total	547	425	264	194	128	98	68
% of Reduction from 2011	50%	61%	76%	82%	88%	91%	94%
Additional Slots per SA	90	85	90	90	35	35	

ID Waiver: Adults in Group Homes & SRS

LEVEL OF SUPPORT NEED	ADULTS IN GROUP HOMES		ADULTS IN SPONSORED RES.	
Level 1 - Mild Support Needs	5.5%	222	4%	48
Level 2 - Moderate Support Needs	45%	1817	21%	252
Level 3 - Mild/Moderate Support Needs + Some Behavioral Support Needs	1%	40	4%	48
Level 4 – High Support Needs	39%	1575	46%	551*
Level 5 - Severe Support Needs	4.5%	182	7%	84*
Level 6 - Extraordinary Medical Support Needs	3%	121	10%	120*
Level 7 - Extraordinary Behavioral Support Needs	2%	81	8%	96*

Comparison of Proposed Reimbursement for Three Residential Services

Rest of State					
	Ind. Living	Sponsored Residential	Comparable Group Home Monthly Revenue		
Tier	Rate	Rate	4 or fewer beds	5 beds	6 beds
1	\$1,197.56	\$3,509.00	\$6,018.57	\$5,610.93	\$5,439.21
2	\$2,003.52	\$4,759.00	\$7,171.25	\$6,299.21	\$6,040.93
3	N/A	\$6,092.00	\$7,885.34	\$6,987.50	\$6,729.50
4	N/A	\$7,342.00	\$8,917.63	\$7,761.79	\$7,546.79
NOVA					
	Ind Living	Sponsored Residential	Comparable Group Home Monthly Revenue		
Tier	Rate	Rate	4 or fewer beds	5 beds	6 beds
1	\$1,361.97	\$3,696.00	\$6,769.92	\$6,318.13	\$6,123.49
2	\$2,262.87	\$4,896.00	\$8,074.54	\$7,097.01	\$6,805.18
3	N/A	\$6,244.00	\$8,882.65	\$7,875.88	\$7,583.77
4	N/A	\$7,494.00	\$10,050.53	\$8,752.22	\$8,508.84



Potential Results of Individuals' Accessing the Most Appropriate Waiver

Offering Independent Living services in the Building Independence Waiver to 500 individuals* with mild/moderate support needs who currently reside in Group Homes or Sponsored Homes . . .

could move current ID Waiver individuals to a lower cost, more appropriate service package waiver

The savings to the Commonwealth would be approximately \$4,585,000 for those individuals' services and would result in freeing up capacity in current group homes to serve those with more complex needs who are more appropriate for such settings.

* The DS waiver is currently funded for 300 slots. 200 new slots are being requested of the GA this year.



Amending the Developmental Disabilities (DD) Waiver

Amend the DD Waiver to



Family and Individual Supports Waiver

For individuals living with their families, friends, or in their own homes, including supports for those with some medical or behavioral needs. Designed to meet individual support needs and preferences. Available to both children and adults.



SA calls for 225 DD waiver slots that could be use for this waiver over the next 6 fiscal years.



Amending the Day Support (DS) Waiver

Amend the DS Waiver to



Building Independence Waiver

For adults (18+) able to live independently in the community. Individuals own, lease, or control their own living arrangements and supports are complemented by non-waiver-funded rent subsidies. Supports are episodic/periodic in nature.



Governor's budget proposes 200 new waiver slots for this waiver in FY2016. This will enable the Commonwealth to build community capacity.



Waiver Redesign Timeline

January 2016

- State proposes to phase in the **Building Independence** Waiver

March 2016

- State proposes to phase in the **Family and Individual Supports** Waiver and **Community Living** Waiver

July 2016

- **New Group Home Rate structure transition** (daily billing vs. current hourly billing) will become effective
- Residential rates will take effect at transition
- Other services take effect by individual plan year.

October 2016

Transition of **non-residential individuals** (i.e., living with family) take effect

January 2017

New Sponsored Residential rate structure transition will take effect

Residential rates take effect at transition

Other services take effect by individual plan year



A close-up photograph of a typewriter keyboard. The focus is on a single key that has been pressed, showing the word "Questions?" in a dark, slightly blurred, monospaced font. The key itself is a light-colored plastic or metal. Above the key, the top of the keyboard frame is visible, showing several other keys with their red rubber feet. Below the key, the bottom of the keyboard frame and the top of another key are visible. The background is a dark, textured surface.

Questions?

Connie Cochran